

Our mission is to improve the quality of life for people by supporting independence. By assisting individuals with integrating into the community, we enhance the diversity of our community and the quality of life for each consumer.



Eligibility

Individuals receiving MaineCare Services who are at least 18 years of age and have a current diagnosis of Intellectual Disabilities or Autism are eligible for GMS support programs.

Please get in touch to learn more about GMS and how our programs can make a positive difference in your life.



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Shared living service area:
Greater Bangor area to southern Maine.

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Shared living
residential support services for adults



Shared living

Living with choice and dignity.

For many individuals with intellectual disabilities or autism, traditional group home settings are not appropriate. This could be due to personal choice or a level of support issue. Independent living may also not be an option for similar reasons.

To better serve consumers across the spectrum of need while maximizing the opportunity for personal choice and growth, GMS offers a shared living option (SLO), sometimes referred to as "adult foster care." This option places the individual served into a home with a family or supportive roommate within the community of their choosing. SLO home providers are contracted through GMS to support the individual according to their service plan.

Customized support

At GMS, support is viewed as not just assisting, but imparting skills needed for independence. Health and safety remains the primary focus, but is balanced with the dignity of informed risk and individual choice. Home providers are tasked with understanding this balance while maintaining a healthy, positive relationship built on trust and respect.

As a member of a multi-disciplinary team, home providers work with the individual on all aspects of daily living, including administering medications, transportation, personal care, safety skills, coordinating with other providers and more. GMS provides:

- WEB-BASED ELECTRONIC DOCUMENTATION
- 24-HOUR ON-CALL SUPPORT
- TRAINING AS NEEDED/REQUIRED
- HOME SAFETY INSPECTIONS
- PROVIDER RECRUITMENT AND BACKGROUND CHECKS
- MONTHLY CONTACTS
- PARTICIPATION IN ALL TEAM MEETINGS
- COORDINATION WITH OTHER PROVIDERS
- CONSULTATION ON MATTERS OF COMPLIANCE
- FACILITATION OF SHORT-TERM RESPIRE PLACEMENTS



Who we are

For over three decades GMS has designed and maintained programs that enhance, support and teach through knowledge, respect and dignity. We are dedicated to serving the community while working collaboratively with consumers, guardians, family members, agencies, caseworkers and other advocates. Our consumers live, work, volunteer and socialize in their community with support from dedicated professionals.



What we do

GMS provides Shared Living, In-Home Supports, Community Supports, Case Management and Residential Services. Each of these departments is designed to assist and enable each of our consumers to accomplish and maintain their highest attainable living skills, and to improve their quality of life by supporting independence.

