

GMS Training 2020

Course Description

CRMA Course 24 Hour

The Certified Residential Medication Aide will be able to demonstrate the following:

- Legal and ethical responsibilities involved in the administration of medications to residents living in residential facilities for individuals with intellectual developmental disabilities in the state of Maine
- A basic knowledge of medications which includes drug categories, normal dosage range, and potential side effects
- Ability through written and oral classwork and supervised clinical experience in the facility, to administer non-injectable medications in a safe, proper, and accurate manner.
- Ability to understand required documentation procedures, report medication errors, use of common abbreviations, accountability for Controlled substances, and use of drug reference resource
- An understanding of infection control and universal/standard precautions.

Each participant must complete all homework/classwork assignments and participate in class. A completion of 80% or above on the final exam and successfully administer medications at least (3) times in a licensed home with the appropriate supervision (Registered Nurse or a CRMA who has a current certificate for at least a year) and submit proof of this form of a correctly completed Clinical Task Sheet.

*Recertification is required every 2 years. An optional study group is offered free of charge between day#2 and day#3.

Cost 225.00 RN Medication Pass 100.00

CRMA Dates:

January 7,9,14	8:30-4:30	Study Group-January 10	9-12
February 4,6,11	8:30-4:30	Study Group-February 10	9-12
March 3,5,10	8:30-4:30	Study Group-March 6	9-12
April 7,9,14	8:30-4:40	Study Group-April 10	9-12
May 5,7,12	8:30-4:30	Study Group-May 8	9-12
June 2,4,9	8:30-4:30	Study Group-June 5	9-12
July 7,9,15	8:30-4:30	Study Group-July 14	9-12
August 4,6,11	8:30-4:30	Study Group-August 10	9-12
September 8,10,15	8:30-4:30	Study Group-September 14	9-12
October 13,15,20	8:30-4:30	Study Group-October 16	9-12
November 3,5,10	8:30-4:30	Study Group-November 6	9-12
December 1,3,8	8:30-4:30	Study Group-December 7	9-12

CRMA Recertification/Bridge

Each participant will be required to complete a mock Medication Administration Pass (supervised by the RN – registered nurse) dealing with a variety of medication types – oral, sublingual, optic, rectal, etc. Each participant will complete a transcription exercise, demonstrate vital signs and complete a 100-question test at 80% or better. Participants are encouraged to prepare through self – study or attend our CRMA Refresher course, as review of the material is expressly prohibited by State regulation.

*CRMA CERTIFICATION MUST BE NO MORE THAN 30 DAYS PAST EXPIRATION TO BE VALID

**RECERTIFICATION REQUIRED EVERY 2 YEARS

CRMA Bridge - (for those who hold a 24-hour CRMA and want to bridge to a 40 hour CRMA) – After successful completion of the CRMA Recertification Course, one may complete 3 RN medication passes in a licensed home to Bridge to a 40 Hour CRMA. Medication passes are an addition \$100.00 with an RN. Time and date of medication pass to be determined upon completion of the CRMA Recertification/Bridge Course.

Cost 75.00

CRMA Refresher Course

The CRMA Refresher course includes review of study guide questions, vital signs (blood pressure, apical/radial pulse, respirations, temps), transcription exercise and a mock medication pass. This course is highly recommended as there is no review of material on the day of the CRMA Recertification.

Cost 25.00

CRMA Recertification Dates:

January 24	8:30-4:30	CRMA Refresher-January 21	9-12
February 7	8:30-4:30	CRMA Refresher-February 6	9-12
March 19	8:30-4:30	CRMA Refresher-March 17	9-12
April 22	8:30-4:30	CRMA Refresher-April 20	9-12
May 28	8:30-4:30	CRMA Refresher-May 27	9-12
June 25	8:30-4:30	CRMA Refresher-June 22	9-12
July 21	8:30-4:30	CRMA Refresher-July 20	9-12
August 14	8:30-4:30	CRMA Refresher-August 13	9-12
September 11	8:30-4:30	CRMA Refresher-September 9	9-12
October 9	8:30-4:30	CRMA Refresher-October 7	9-12
November 13	8:30-4:30	CRMA Refresher-November 12	9-12
December 10	8:30-4:30	CRMA Refresher-December 9	9-12

SLO Course 8 Hour

The Shared Living Medication Administration course is for people who administer medications only in Shared Living or Family-Centered Home Support settings funded under MaineCare section 21. This course is for the primary home provider as well as any others who administer medication only to the people living in the home. Anyone who is paid to administer medications in other settings is not eligible to take this course.

Certification can only be obtained through an OADS Developmental Services approved nurse instructor. Upon successful completion of this course, you will be certified to administer medications to people who live in Shared Living or Family-Centered Home Support. You are not certified to administer medications to anyone else. If you work in another setting with other individuals, you need to take a more comprehensive medication administration course and be certified as a Certified Residential Medication Assistant (CRMA).

Cost: 125.00

SLO Course Dates:

January 13	8:30-4:30
February 12	8:30-4:30
March 18	8:30-4:30
April 15	8:30-4:30
May 14	8:30-4:30
June 11	8:30-4:30
July 29	8:30-4:30
August 20	8:30-4:30
September 23	8:30-4:30
October 12	8:30-4:30
November 23	8:30-4:30
December 15	8:30-4:30

SLO Recertification Course

The Shared Living Medication Administration Recertification course is for people who administer medications only in Shared Living or Family-Centered Home Support settings funded under MaineCare section 21. This course is for the primary home provider as well as any others who administer medication only to the people living in the home. Anyone who is paid to administer medications in other settings is not eligible to take this course.

This is a three-hour long course with an RN. Classroom session will include discussion and review of SLO booklet, transcription exercise, and a mock medication pass.

*RECERTIFICATION REQUIRED EVERY 2 YEARS

Cost 75.00

SLO Recertification Dates:

January 7	9-12
February 4	9-12
March 3	9-12
April 7	9-12
May 4	9-12
June 8	9-12
July 10	9-12
August 4	9-12
September 1	9-12
October 8	9-12
November 2	9-12
December 4	9-12

Dementia Course (Meeting level III/IV DHHS/DLRS Regs)

An 8 hours long course covering section 6.5 DHHS regulations is a requirement for all facilities with Dementia/Alzheimer's care units.

This curriculum includes:

- An overview of Alzheimer's disease, and related dementias.
- Communication with persons with Alzheimer's disease.
- Creating a therapeutic environment (dementia friendly environment)
- Activity focused care.
- Dealing with behaviors. (Behavior as communication)
- Family communication.

Cost 125.00

Dementia Dates:

January 22	8:30-4:30
February 20	8:30-4:30
March 25	8:30-4:30
April 23	8:30-4:30
May 21	8:30-4:30
June 17	8:30-4:30
July 23	8:30-4:30
August 18	8:30-4:30
September 24	8:30-4:30
October 22	8:30-4:30
November 17	8:30-4:30
December 21	8:30-4:30

Diabetes Awareness

This program meets the State of Maine CRMA regulations under section 7. The Registered Nurse will provide participants with an overview of how to recognize pre-diabetic symptoms, hypoglycemic/hyperglycemic symptoms and treatment, proper use and care of equipment associated with blood glucose monitoring, anti-diabetic oral medication, the importance of healthy lifestyle choices, dietary requirements, and menu planning, medical care including specialist such as podiatrists. Review of this training shall be on an annual basis.

Cost 75.00

Diabetes Awareness Dates:

January 2	9-12
February 13	9-12
March 12	9-12
April 17	9-12
May 15	9-12
June 16	9-12
July 22	9-12
August 19	9-12
September 25	9-12
October 21	9-12
November 18	9-12
December 16	9-12

Diabetes Specific (Insulin Administration)

Our Consumer Specific Insulin Training is provided by a Registered Nurse. This course will be tailored for client's specific insulin requirements, types of insulin and how the work. These needs can include a review of medical history and its implications for the client, mixing and administering insulin via syringe or pen, proper storage of insulin, client specific nutritional needs, the importance of site rotation, and proper injection technique. This course is offered after each scheduled Diabetes Awareness course from 1-2pm. Review of this training shall be on an annual basis.

Cost 20.00

Breathing Apparatus

Our breathing apparatus course is provided by a Registered Nurse. This course includes Handheld bronchodilators, Cpap or intermittent positive pressure breathing machine, Oxygen administration, and nebulizer administration.

Cost 25.00

Breathing Apparatus Dates:

January 6	1-3
February 18	1-3
March 13	1-3
April 21	1-3
May 19	1-3
June 18	1-3
July 24	1-3
August 26	1-3
September 28	1-3
October 23	1-3
November 20	1-3
December 17	1-3

Smart Nutrition

Our Smart nutrition course is provided by a Registered Nurse. This course includes label reading, healthy foods, smart shopping, meal ideas, menu planning, and food safety.

Cost 25.00

Smart Nutrition Dates:

January 16	10-12
February 14	10-12
March 13	10-12
April 13	10-12
May 14	10-12
June 11	10-12
July 9	10-12
August 13	10-12
September 21	10-12
October 15	10-12
November 16	10-12
December 10	10-12

Seizure Disorders

Our seizure disorder course is provided by a Registered Nurse. This course includes an overview of seizure disorders, anti-epileptic medications, first aid/protocols for seizures, and alternative therapies.

Cost 25.00

Seizure Disorder Dates:

January 6	9-11
February 18	9-11

March 13	9-11
April 21	9-11
May 19	9-11
June 18	9-11
July 24	9-11
August 26	9-11
September 28	9-11
October 23	9-11
November 20	9-11
December 17	9-11

Skin Care

Our skin care course is provided by a Registered Nurse. This course included basic skin care, skin checks, skin care products, assistive equipment, incontinence supplies, and documentation of skin care.

Cost 25.00

Skin Care Dates:

January 6	11-12:30
February 18	11-12:30
March 13	11-12:30
April 21	11-12:30
May 19	11-12:30
June 18	11-12:30
July 24	11-12:30
August 26	11-12:30
September 28	11-12:30
October 23	11-12:30
November 20	11-12:30
December 17	11-12:30

College of Direct Support – Live Day One (modules 4-7)

This training satisfies the State requirement for the core modules of the Direct Support curriculum. Prerequisite: online modules.

COST: \$50.00 per participant

College of Direct Support – Live Day Two (modules 1-3, and 8-11)

This training satisfies the State requirement for the core modules of the Direct Support curriculum. Prerequisite: online modules.

COST: \$100.00 per participant

Mandt - (Two Day) (Chapters 1-3 and 7-9)

This two-day training is comprised of 6 chapters.

Day 1

Chapter 1 – Relationships

Chapter 2 – Communication

Chapter 3 – Conflict Resolution = Relational Certificate (R)

Cost: \$92 per participant

Day 2

Chapter 7 – Technical Skills

Chapter 8 – Technical Skills

Chapter 9 - Technical Skills = Relational/Technical Certificate (RT)

Cost: \$185.00 per participant

Cardio-Pulmonary Resuscitation and First Aid – (American Health and Safety Institute) – 4 hours.

Cost: \$65 per participant