

Our mission is to improve the quality of life for people by supporting independence. By assisting individuals with integrating into the community, we enhance the diversity of our community and the quality of life for each consumer.



### Eligibility

Individuals receiving MaineCare Services who are at least 18 years of age and have a current diagnosis of Intellectual Disabilities or Autism are eligible for GMS support programs.

Please get in touch to learn more about GMS and how our programs can make a positive difference in your life.



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[gmsme.org](http://gmsme.org)



**Residential Group Homes**  
support with caring and compassion



## Group living

a dedicated staff  
that cares

### Staff development

GMS' staff development is focused on how to best serve the consumers we support. Our training department is committed to providing quality training to employees, giving them the opportunity to improve their knowledge base and skills, and thereby providing the best possible support to our consumers.

GMS offers a range of training and development to its employees, local agencies and the general public. If you would like more information on our training, please contact:

Matt Giesecke, Director of Community Service  
(207) 523-5175, mgiesecke@gmsme.org

### Residential group living services

- PERSON-CENTERED PLANNING APPROACH TO MEETING GOALS AND OBJECTIVES OF THE INDIVIDUAL SUPPORTED
- MEDICATION ADMINISTRATION AND MONITORING
- ASSISTANCE AND SUPPORT WITH ACTIVITIES OF DAILY LIVING
- TRANSPORTATION TO AND FROM MEDICAL, SOCIAL AND RECREATIONAL ACTIVITIES

### Training

GMS' employees are trained in:

- CRMA (MEDICATION ADMINISTRATION)
- INSULIN, DIABETES, NUTRITION ADMINISTRATION
- SAFETY CARE (BEHAVIORAL SUPPORT)
- AMERICAN HEART ~ CPR / FIRST AID
- AMERICAN SIGN LANGUAGE & VG
- COLLEGE OF DIRECT SUPPORT (CDS)
- WEB BASED DOCUMENTATION



### Who we are

For over three decades GMS has designed and maintained programs that enhance, support and teach through knowledge, respect and dignity. We are dedicated to serving the community while working collaboratively with consumers, guardians, family members, agencies, caseworkers and other advocates. Our consumers live, work, volunteer and socialize in their community with support from dedicated professionals.



### What we do

GMS provides Shared Living, In-Home Supports, Community Supports, Case Management and Residential Services. Each of these departments is designed to assist and enable each of our consumers to accomplish and maintain their highest attainable living skills, and to improve their quality of life by supporting independence.

